WINCHESTER NEWS
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HELPERS AMONG US

Helpers Among Us — Caroline Staudt is helping provide a greener community

JOYCE WESTNER | STAFF WRITER

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Winchester resident Caroline Staudt is on a mission to help people reduce their carbon footprint. COURTESY PHOTO by Armhed Louis Jean from an illustration by Max Romey.

Caroline Staudt not only talks the talk, but walks (or runs) the wa
folks in Winchester lower their carbon footprint.

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It's obvious the New Meadows Road resident is a runner and sure enough, has run the Boston Marathon several times, but she's also a volunteer on the Climate Action Advisory Committee (CCAC).

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Caroline Staudt at the building site of the electrical charging stations at the Jenks Center. WINCHESTER NEWS STAFF PHOTO/JOYCE WESTNER

It turns out that even runners have a fairly high carbon footprint. Staudt is a member of The Green Runners, which helps people avoid using fossil fuels. Their four "pillars" are cutting down on traveling modes, especially flying to get to a race; re-using running clothing, which Staudt says are made of plastic fiber because it's breathable; eating "green," although not necessarily becoming vegan; and raising awareness of the issues.

Staudt's day job is a "home comfort advisor" for Elephant Energy, where she audits homes and makes recommendations about how to switch to all-electric. Winchester residents are already signed up for WinPower, which uses 44% renewable energy, and Staudt has been encouraging residents to sign up for renewables.

"In the fall," Staudt says, "the cost gap between the two plans will be less than it is now, and all electric rates will be falling."

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Fellow CCAC member Ruth Trimarchi says Staudt is "a lucky find for the committee. With her business background she's been able to facilitate messaging that's accessible to the public."

Staudt puts her money where her mouth is and is an investor in Tripulse clothing, athleticwear that uses only natural fibers.

"But don't buy anything you don't need," she says.

Even donated clothing seldom gets re-used, and in that regard, she helped with research and the story development for a film, called Footp Katmai.

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What Staudt wants recyclers to remember is that only 9% of plastic actually gets recycled. Her motto is, “When you throw something away, it’s not gone.”

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Helpers Among Us - WinPAC unites with light

On a cold and blustery day, two post-graduate Winchester High School students and others stood outside the Stop & Shop inviting folks to buy luminary kits as part of the Unite with Light event planned for Sunday, Dec. 14. The successful program was started by Mairin Norton, a high-schooler who

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HELPERS AMONG US

Helpers Among Us - Alisa Dong needs your help with Thanksgiving food drive

Standish Lane resident Alisa Dong has only lived in town for about four years, but she’s already immersed in helping people. And she wants residents to help her provide Thanksgiving Day meals for local food-insecure residents. A member of the town’s Family Action Network (FAN), Dong is its

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Helpers Among Us — Coaches volunteer to bring on the cheer

You probably know that cheerleaders appear at sporting events to cheer on their teams, but you might not know that cheerleading is a sport in its own right. Or that Winchester Cheer coaches volunteer to help girls and boys learn and compete in cheerleading. Middlesex Street resident Erin Black is

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November 14, 2025

HELPERS AMONG US

Helpers Among Us - Patti Reilly wants your children's clothes

Although Patti Reilly opened her boutique, Jules, about a year and a half ago, she's already discovered the generosity of Winchester residents. That's why she and her husband, John, decided to offer a 10% discount on one item to anyone who brings in "gently used children's clothing.

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Latest

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The following was submitted by the Network for Social Justice: To mark Women's History Month and International Women's Day in 2026, the Network for Social Justice is collaborating with club leaders from Winchester High School and members of the Community Health team from La Colaborativa in Chelsea and

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Two candidates for Winchester's School Committee will face voters at a forum as the district navigates a new literacy curriculum, budget pressures and questions about student mental health. Heather von Mering and John Bellaire are competing for an open seat on the School Committee, which oversees a budget von

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FEATURES

'Chicago: Teen Edition' dances onto the Winchester High School stage

By Talia Ho | Correspondent Fame. Fortune. And all that jazz. This spring, Winchester High School presents "Chicago: Teen Edition," a bold musical that explores celebrity culture, media manipulation, and the cost of ambition. This iconic production is set in the 1920s. Performances will take place on March 13 and 14

SPECIAL TO THE NEWS

March 4, 2026

EVENTS

Ripley Chapel in Winchester presents 'Syldason: You Are Welcome Here'

The following was submitted by the Ripley Chapel at First Congregational Church: On Friday, March 13, beginning at 7:30 p.m., live in-person and live streamed from the stunning Ripley Chapel at First Congregational Church, Winchester, 21 Church St., join in with Syldason, a duo concert featuring Sylvie Zakarian,

March 4, 2026

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